

What is digital supervision?



Digital supervision

Digital supervision monitors the user through various sensors with or without cameras for those who live at home.

If you need supervision, health-care professionals can perform this through a camera at the agreed time. In this way, you will not be disturbed by healthcare personnel coming to your home.

If you have a high risk of falling, you can obtain digital supervision by having sensors register if you fall and send a message to the home care service. This gives you peace of mind that the situation will be detected when it happens, so you do not have to wait for the next scheduled inspection.

Sensors can also detect if you stay still for an abnormally long time, for example in the bathroom, so that the home care service can contact you to find out if an accident has occurred.

The types of sensors that are suitable for you, what times of day they should alert and where these sensors should be placed are professionally reviewed by healthcare professionals and technicians together with you. This is to ensure that you get the best possible solution for your situation and home.

All supervision is logged in your medical records. Here it will say who carried out the supervision and how long it lasted. Images from camera supervision will not be stored.



Digital supervision can consist of cameras with or without built-in sensors, bed mats that register absence from bed, motion sensors that detect movement, door alarms that alert if someone passes through a door, and fall detectors that register sudden movements followed by standstills etc.

Digital supervision allows you to live at home as usual, knowing that a fall or other accident etc will be detected if it happens. You do not have to be disturbed by the home care service coming to your home physically or unnecessarily.

You will have greater freedom to live your own life as you wish, as far as possible.



For more information, you can contact the health and care services in your municipality.



VIDEO – DIGITAL SUPERVISION

You can scan this QR code with the camera on your smartphone or tablet to watch the film clip, “Digital supervision”



RESPONSSENTERET (the Response Center) – YOUR ALARM RECEIVING CENTER

You can scan this QR code to see a presentation of Responscenteret (the Response Center)